

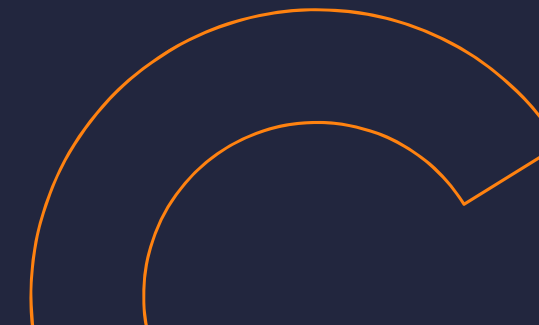


**NIVISHE**

# COMPANY PROFILE



[www.nivishefoundation.org](http://www.nivishefoundation.org)







# ABOUT OUR COMPANY

Nivishe Foundation is a youth and women-led organization started in 2019 and based in Kibra, Nairobi Kenya. Nivishe's focus is on creating mental health awareness & breaking the stigma against mental illnesses at the grassroots level. The organization strives to build community resilience in mental health through community-based mental health interventions and trauma-informed programming and hence promoting social cohesion. We mainly target women and girls from marginalized communities, informal settlements, and low-income communities.



# OUR IMPACT

**800,000**

Community Based  
Radio Listenership

**10 +**  
Informal  
High Schools

**1,000**  
Youth Annually

**5,000**  
Women and  
Girls Annually







# Mission

# Vision

To promote mental wellness for young girls, women, and youth in vulnerable and marginalized communities in Kenya through community based mental health interventions, mental health media advocacy, and strategic partnerships

A healthy mental state for young girls and women in marginalized and vulnerable communities in Kenya.



# OUR CORE VALUES



We believe in the inherent human dignity and demonstrate compassion through appreciating diversity, working with integrity with our partners and promoting a caring and safe community for young girls and women.

Integrity

We work together in pursuing our organizational goals. We will also engage our target groups and communities in finding solutions to existing problems and strategically collaborating with county government & national government, the corporate sector and civil society organizations with similar initiatives.

Collaboration

We ensure an ethical and confidential approach in handling data and information relating to our community and partners, to give confidence, build trust and maintain their reputation.

Confidentiality

We optimize the use of resources in our organization through careful and responsible planning and management to ensure maximum impact. We are constantly looking for new and improved ways to involve our sponsors and partners in our programs and solicit their input on the efficient use of resources.

Good  
Stewardship





# OUR PILLARS



## Mental Health, Media and Advocacy

Goal: Enhance mental health awareness and break the stigma on mental illnesses

## Strategic Partnerships

Goal: Institutional embodiment of mental health through strategic partnerships



## Community Mental Health

Goal: Achieve mental health wellness through community-based innovations and interventions.

## Organizational Growth & Sustainability

Goal: Establish a reputable and respected organization for mental health in underserved communities.



# OUR PROGRAMMES



## Teenage Mothers

Program empowers and supports teen mothers in Kibra. With 30-50 participants, we hold weekly Saturday sessions, blending indoor and outdoor activities. Topics cover mental health, SRHR, employability, financial literacy, NCDs, nutrition, and entrepreneurship. Our goal is to equip teen mothers with essential skills and resources for personal



## Young Girls

We aim to provide a nurturing and empowering environment for girls aged 10 to 18. We conduct weekly sessions every Saturday afternoon, focusing on life skills mentorship, team-building activities, innovation programs and play-based learning methods to effectively engage with the girls.



## Community Outreach

We conduct regular community outreach dialogues, hosting two sessions every month in various villages within Kibra. These dialogues serve as platforms to raise awareness about mental health, combat stigma and foster meaningful engagement with the local community



## Mental Health Fellowship

is a comprehensive 12-week program designed to educate and empower young people across Kenya on mental health issues. The 12 weeks intensive program equips participants with the knowledge, skills and resources necessary to offer first hand support to individuals experiencing



# OUR TEAM



**Amisa Rashid**  
Founder & Executive  
Director



**Mariam Yusuf**  
Operations Director



**wanjala Were**  
Finance Director



**Lorine Atieno**  
Programs Lead



**Boera Bisieri**  
Comms & Marketing  
Lead



**Miriam Ogwel**  
Research Lead



**Aisha Rashid**  
Digital  
Transformation Lead



**Muber Leila**  
Programs Associate

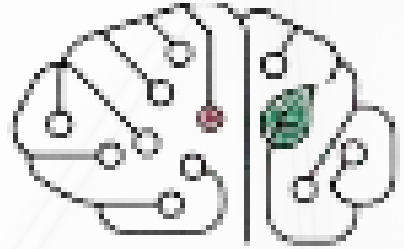


**Anim Sebi**  
Programs Associate





# OUR PARTNERS



Brain & Mind Institute  
from neuron to neighbourhood







# CONNECT WITH US



## Phone

+254 741 706 638



## Mail

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## Website

[www.nivishefoundation.org](http://www.nivishefoundation.org)



## Location

Karanja Road, Kibera Nairobi